



Integral Leadership Mastery Program

Mastering Life's Transitions

August – November 2025

2025 Schedule

(All sessions are via Zoom with 8 am PT Kata except for Session 1, the in-person retreat)

August	September	October	November
<p><u>Session 1</u> In-person Retreat</p> <p>Aug 15 7:00 pm start</p> <p>Aug 17 Noon finish</p> <p>University of Redlands, Marin Campus San Anselmo, CA</p> <p>Meet the group</p> <p>Learn what changes are impacting you</p> <p>Master life's transitions</p> <p>Discover a path forward</p>	<p><u>Session 2</u> Coaching Dojos 2, 3 & 4</p> <p>September 13 9–Noon</p> <p><u>Session 3</u> Mentoring Dojo 1</p> <p><i>Being Your Authority</i></p> <p>September 27 9–11:00 am</p>	<p><u>Session 4</u> Coaching Dojo 5, 6 & 7</p> <p>October 11 9–Noon</p> <p><u>Session 5</u> Mentoring Dojo 2</p> <p><i>Affirming Your Future</i></p> <p>October 25 9–11:00 am</p>	<p><u>Session 6</u> Coaching Dojos 8, 9 & 10</p> <p>November 8 9–Noon</p> <p><u>Session 7</u> Mentoring Dojo 3</p> <p><i>Being of Service</i></p> <p>November 22 9–11:00 am</p> <p><u>The Great Beyond</u></p> <p>Continued support in 2025 and beyond</p>

Program includes:

- All times PT. ITP Kata precedes each session at 8:00 am
- Limited to 10 participants
- Individual coaching session with a facilitator
- Monthly co-coaching sessions with a practice partner
- Support from cohort and facilitators throughout the program