

Ripening Like a Tree

By Sally Mahé ITP Mastery teacher & Ki of Cooperation founding member



So small and tender, a seed sprout bursts through the soil, vulnerable, thin and wondering.

A sapling gets to know its surroundings but wonders if cows will eat it, if the sun will burn it, if the earth will really fulfill its promise of rain and nutrient.

A tree wonders a lot as it ripens. Its confidence comes day to day. It grows thicker, taller and can see farther than before.

It respects its place and how it fits with other things.
It knows the mom and child who admire it on the way to school, the bugs that use it for sustenance.

The tree ripens in its togetherness with its circle of living beings.

A ripening tree, if it could look in a mirror, would see that its shape is unique. The bump and sway of its branches, the reach of its tip-topness doesn't look like any other.

It wonders why? Why do I look only like myself?

As a tree ripens it knows that standing still is enough. Joy floods its sap, its fruits, its flowers. A ripe tree knows its presence matters.