



# INTEGRAL LEADERSHIP MASTERY PROGRAM

Mastering Life's Transitions

August – November 2025

## 2025 Schedule

(All sessions are via Zoom with 8 am PT Kata except for Session 1, the in-person retreat)

August	September	October	November
<p><b><u>Session 1</u></b> In-person Retreat</p> <p><b>Aug 15</b> 7:00 pm start</p> <p><b>Aug 17</b> Noon finish</p> <p><b>University of Redlands, Marin Campus San Anselmo, CA</b></p> <p><b>Meet the group</b></p> <p><b>Learn what changes are impacting you</b></p> <p><b>Master life's transitions</b></p> <p><b>Discover a path forward</b></p>	<p><b><u>Session 2</u></b> Coaching Dojos 2, 3 &amp; 4</p> <p><b>September 13</b> 9–Noon</p> <p><b><u>Session 3</u></b> Mentoring Dojo 1</p> <p><i>Being Your Authority</i></p> <p><b>September 27</b> 9–11:00 am</p>	<p><b><u>Session 4</u></b> Coaching Dojo 5, 6 &amp; 7</p> <p><b>October 11</b> 9–Noon</p> <p><b><u>Session 5</u></b> Mentoring Dojo 2</p> <p><i>Affirming Your Future</i></p> <p><b>October 25</b> 9–11:00 am</p>	<p><b><u>Session 6</u></b> Coaching Dojos 8, 9 &amp; 10</p> <p><b>November 8</b> 9–Noon</p> <p><b><u>Session 7</u></b> Mentoring Dojo 3</p> <p><i>Being of Service</i></p> <p><b>November 22</b> 9–11:00 am</p> <p><b><u>The Great Beyond</u></b> Continued support in 2025 and beyond</p>

### Program includes:

- All times PT. ITP Kata precedes each session at 8:00 am
- Limited to 10 participants
- Individual coaching session with a facilitator
- Monthly co-coaching sessions with a practice partner
- Support from cohort and facilitators throughout the program