



INTEGRAL LEADERSHIP MASTERY PROGRAM

Mastering Life's Transitions

August – November 2025

2025 Schedule

(All sessions are via Zoom except for Session 1, the in-person launch)

August		September	October	November
<u>Session 1</u> In-person Retreat Aug 15 7:00 pm start Aug 17 Noon finish University of Redlands, Marin Campus San Anselmo, CA Meet who is here Learn what changes are impacting you Master life's transitions Discover where we will go next, and when	<u>Being Your Authority</u> <u>Session 2</u> Mentoring Dojo 1 Coaching Dojo 1 August 30 9 –11:00 am	<u>Being Your Authority</u> <u>Session 3</u> Coaching Dojos 2, 3 & 4 September 13 9–11:00 am <u>Affirming Your Future</u> <u>Session 4</u> Mentoring Dojo 2 Coaching Dojo 5 September 27 9–11:00 am	<u>Affirming Your Future</u> <u>Session 5</u> Mentoring Dojo 3 Coaching Dojo 8 October 11 9 –11:00 am <u>Staying Current</u> <u>Session 6</u> Coaching Dojos 9 & 10 October 25 9–11:00 am	<u>Staying Current</u> <u>Session 7</u> Coaching Dojos 9 & 10 November 8 9–11:00 am <u>Being of Service</u> <u>Session 8</u> Mentoring Dojo 4 November 22 9–11:00 am <u>The Great Beyond</u> Continued support in 2025 and beyond

Program includes:

- All times PT. ITP Kata precedes each session at 8:00 am
- Limited to 10 participants
- Individual coaching session with a facilitator before participant Coaching Dojo
- Monthly co-coaching sessions with a practice partner
- Support from cohort and facilitators throughout the program