



INTEGRAL LEADERSHIP MASTERY PROGRAM

Mastering Life's Transitions

May - August 2025

2025 Schedule

(All sessions are via Zoom except for Session 1, the in-person launch)

Free Public Information Sessions: Wed., April 9 & Sat. April 19 | 9–10:00 am PT

May		June	July	August
<p><u>Session 1</u> In-person Retreat May 2 7:00 pm start May 4 Noon finish</p> <p>University of Redlands, Marin Campus San Anselmo, CA</p> <p>Meet who is here</p> <p>Learn what changes are impacting you</p> <p>Master life’s transitions</p> <p>Discover where we will go next, and when</p>	<p><u>Being Your Authority</u></p> <p><u>Session 2</u> Mentoring Dojo 1 Coaching Dojo 1</p> <p>May 17 9 –11:00 am</p> <p><u>Session 3</u> Coaching Dojos 2, 3 & 4</p> <p>May 31 9:00 am–Noon</p>	<p><u>Affirming Your Future</u></p> <p><u>Session 4</u> Mentoring Dojo 2 Coaching Dojo 5</p> <p>June 14 9–11:00 am</p> <p><u>Session 5</u> Coaching Dojos 6 & 7</p> <p>June 28 9–11:00 am</p>	<p><u>Staying Current</u></p> <p><u>Session 6</u> Mentoring Dojo 3 Coaching Dojo 8</p> <p>July 12 9 –11:00 am</p> <p><u>Session 7</u> Coaching Dojos 9 & 10</p> <p>July 26 9–11:00 am</p>	<p><u>Being of Service</u></p> <p><u>Session 8</u> Mentoring Dojo 4</p> <p>August 9 9–11:00 am</p> <p><u>The Great Beyond</u> Continued support in 2025 and beyond</p>

Program includes:

- All times PT. ITP Kata precedes each session at 8:00 am
- Limited to 10 participants
- Individual coaching session with a facilitator before participant Coaching Dojo
- Monthly co-coaching sessions with a practice partner
- Support from cohort and facilitators throughout the program