

Spotlight on LoAnne and Stan Olson

ITP Japan Group Leaders

LoAnne and I have been students of personal growth for some time and came to ITP through reading Ken Wilber who referenced George Leonard and Michael Murphy's book, *The Life We are Given*. As facilitators of Scott Peck's process called Community Building, we were drawn through intuition to further explore ITP as a process more suited to the work we are doing here in Japan and around the world. So after doing Community Building for some years, we decided to make ITP the basis of everything we were doing.



Following the suggestions in the book, we learned the Kata and began focusing on our goals related to the affirmation process. I, Stan, set a weight goal, a business goal and a metanormal goal of becoming an energy healer. Having set the goal, and been told by a friend about her Qigong teacher, I started studying Qigong.

Along the way, our younger son spent a year at a Folke High School in Norway. He came back with a deep experience of the value of a gap year program. We were inspired to start a similar program in Japan. Wishing to include the teaching of George Leonard and Michael Murphy, we wanted to get direct training from ITPI.

We came to California for a 4-day customized program in Leonard Energy Training led by Charlotte Hatch. This began our relationship and training we have received from the great group of practitioners in the Bay Area. We have been included in the Mastery weekend sessions and have greatly benefitted from our connection to ITP and the community. We are now the group leaders of ITP Japan in Tokyo and are happy to share the work with our friends and colleagues here.