



Playing Your Edge

by Bob Doenges

ITP Tulsa Group Leader and Mastery Teacher

Practice is easy, yet to become one who practices is very difficult. George Leonard's teaching on homeostasis clearly helps one become deeply aware of the meaning of this statement, and the challenges one faces on the path of transformation. Through his teaching and our new awareness, we can more freely do gladly that which we came into this life to experience.

To hear George speak more on homeostasis, [click here](#).