

Coincidences? I think not!

by Rich Sigberman, ITP Mastery member

They keep happening. Those “coincidences” that we shrug off as nothing more. As we increase our awareness through practice, we seem to spot special powers (called *siddhis*) surfacing more and more.

A while ago at Mastery, while we were sharing in a circle, at the moment a fellow practitioner spoke the word “be,” my eyes happened to glance down at her socks (she wears great socks, colorful and fun) which had a pattern of bumble bees on them. I love it when the visuals and the words come together like that.



artwork ©Rich Sigberman

My favorite siddhi happened a few years ago as I was driving down Chestnut Street in San Francisco for an appointment. My big concern was finding a parking spot. While I was driving, I was listening to a baseball game, and the announcer said that Pedro Alvarez was coming up to bat. At that moment, I glanced up to my left at the street sign, which said Alvarez Street, and thought to myself, “Someone is trying to tell me something.” I turned down Alvarez Street and there was a lovely parking spot just waiting for me. Thank you, universe!

Do siddhis show up all the time, and are they significant? Does ITP help us see them when they occur? As we practice - meditate, repeat our affirmations and raise ourselves to fulfill our potentials by honing our extraordinary powers - I believe the answer is “yes.” Must we only believe what we observe in the material plane? Why not believe that there is more than meets the eye? Life is much more interesting that way.

Recently, I sent out emails to friends telling them I was ready to explore new career opportunities. An hour later, someone called and asked if I could substitute at her school that very day. Seems to me like a siddhi, because when I began to put it out to the universe, I got an immediate response. Small miracles, such as this one, might be the result of our special powers in action.