

Charlotte Hatch to the Rescue

by Pam Kramer
ITPI President

George Leonard was advising me several years ago about how to infuse our growing group of ITP practitioners with strong, grounded and vibrant energy. He told me, “Call Charlotte Hatch. You can count on her to help with that.” He went on to say in his booming voice, “Bring her in now!”

I’m grateful to George for his sage advice. We are privileged to have Charlotte Hatch in our midst and at the center of all things ITP.

When Charlotte leads an exercise with our ITP Mastery group, we listen with rapt attention. Clear, compelling and instructive, she walks her talk. Her studies for 30 years in Aikido, earning her a 4th degree black belt have prepared her well to teach ITPers about the wisdom of the body and how to use that wisdom for good in the world.



Photo by Robert Stewart

A student of Robert Nadeau, Shihan, and George Leonard, sensei, Charlotte has taught Aikido for the past 15 years in San Francisco, where she lives with her husband, Steamer, daughter, Julie, and grandson, Tyler. Charlotte and Steamer’s other daughter, Karoline, also lives in San Francisco with her partner.

A member of George and Michael’s first ITP group in 1992, Charlotte learned first-hand about the power of affirmations, Leonard Energy Training, the Kata and practicing ITP in a community. Several years later, Charlotte formed ITP San Francisco, a community that continues today under shared leadership. She joined Mastery in Cycle 1 and has been an instrumental contributor to the development and growth of the program and community over these past 7 years. Charlotte now serves as the team leader of Mastery Cycle 7.

Her dedication to lifelong learning is an inspiration to us all. Those who have been part of Mastery know the excitement we experience when going “under Charlotte’s sword,” where she guides us to embody our affirmations and experience our transformed state in the present moment.

It’s with great joy that we honor Charlotte with the George and Annie Leonard Service Award at our upcoming evening celebration, **For the Love of ITP.**