

## Mastery: An Extraordinary Container for Extraordinary Capacities

by Roger Kenneth Marsh, Mastery teacher and GLEE Co-leader

Mastery. It means many things, and frankly I'm a bit intimidated by the word. However, George Leonard helped me embrace the concept by defining Mastery as mostly about staying on the path. Of all the things that mastery means, it's mostly about consciously and consistently bringing yourself to something over, and over, and over again. In ITP that something is life.



The ITP Mastery Program is a journey deep into yourself and your life, through the principles and practices of ITP. People who participate in Mastery are unique in that they tend to have a high commitment to transformational practice. This strong commitment to practice creates a powerful *community of practice* that then creates a powerful *container for practice*, and the transformations that come from it. In Mastery, you can feel the energy and transformational power of the group; you feel held, supported and uplifted by the container that is created. And, as you uphold others, you are upheld.

“New powers of consciousness and new faculties will develop in the gnostic being who will use them in a natural, normal and spontaneous way both for knowledge and for action.”

-Sri Aurobindo

Like ITP itself, Mastery is an extraordinary base-camp for exploring the higher peaks of consciousness, being and our extraordinary capacities. By developing deep roots in the 9 ITP commitments, or guidelines, and a strong foundation in the fundamentals of practice, we can better move into the unknown territories of our evolutionary potential by being strong, capable and resilient practitioners. And, being surrounded by committed practitioners is an invaluable resource for keeping us on track and keeping us grounded as we take new steps into uncharted territory.

The extraordinary capacities highlighted in *The Future of the Body* are built right into the DNA of ITP. Whether we consciously focus on and develop them, or allow them to arise as natural outcomes of our daily practice, they will arise. With *The Future of the Body* and *Evolutionary Panentheism* as foundational elements of our practice, as well as a lineage that includes extraordinary beings like Sri Aurobindo and Morihei Ueshiba, ITP is built for the realization of our highest potentials in body, mind, heart, and soul.

Through the Mastery Program we are creating solid ITP practitioners, stronger ITP Group Leaders, highly capable ITP teachers, and evolutionary beings with extraordinary capacities! One's presence in

Mastery and participation in ITP, supports in one form or another ongoing growth and development. Together, we are creating an ever-expanding group of people that have and are transforming themselves and transforming the world.

In closing, I ask you to ask yourself: "What is my evolutionary edge? What are new faculties I can develop and use in a natural, normal and spontaneous ways both for knowledge and for action?" Let me know what you discover!