

Spotlight on Sheri Pate

Mastery Member and Group Leader of ITP Thousand Oaks

1. How did you become involved in ITP?

In 2011, Bobby and Marianna Clampett invited my husband and me to the ITPI golf fundraiser Golf in the Kingdom. As we delved deeper into ITP and the community, we realized that ITP would become our practice and community as well.

2. Why is ITP important to you?

The comprehensiveness of ITP brings many of my interests together into one practice. I'm especially drawn to Leonard Energy Training and enlisting the body as a teacher. ITP is most important to me because it has taught me how to more fully realize my hopes and dreams.

3. Can you share a story that exemplifies how ITP has made a difference in your life or has led you to live your life differently in some way?

There are countless stories that I can tell about waking up to the synchronicities in my life. Is it about paying more attention to the “coincidences” in life? Or is my energetic state actually attracting amazing gifts or perhaps merging with a more collective consciousness?

I seem to meet the most interesting people at just the right time. On my way home from a leadership conference, a young African American man enthusiastically approached me to ask about the book, *The Rise of Superman*, which I was reading. It turned out he had a passion for leadership and changing his impoverished community. He proceeded to pull out several books on leadership, one even called *Mastery*. He boldly gave me some sound advice and I shared some information to support his cause. We connected as two seekers on a spiritual path and shared our passion to make the world a better place.

4. How do you handle resistance to your practice?

I acknowledge resistance and reflect on its message. And I continue practicing anyway.

5. What do you enjoy the most as group leader of ITP Thousand Oaks?

I enjoy joining with others on a shared path of transformation. Thanks in part to my husband, Pam



Kramer and my co-leader, our group has grown organically. Our group frequently shares leadership. My own leadership often feels effortless as I immensely enjoy leading and seeing others grow.