

Upcoming Events 2026

All programs are online unless otherwise noted

Golf in the Kingdom ProAm

In person

A joyful day of golf and self-discovery with PGA pros, co-hosted by Michael Murphy, author of *Golf in the Kingdom*.

Tuesday, Sep 22 · 8 am – 4 pm · TPC Harding Park, San Francisco

Mastering the Art of Cooperation

7 sessions

A Ki of Cooperation training — embodied tools drawn from ITP, Aikido, and Nonviolent Communication.

Free exploration session Sep 23 · Program Tuesdays, Oct 20 – Dec 8 · 8 – 10 am PT · Online

Seekers and Sages Series

Free & open to all

Conversations exploring the unseen — subtle energies, the more-than-human world, and forces of grace.

Hosted by Christina Grote.

Nov 11 · Guest: Simon Cox · 9 – 10:45 am PT · Online

Integral Leadership Mastery Program

Now in session

Mastering life's transitions — a four-month journey of practice, coaching, and visioning with ITP Mastery teachers Kim Kristenson-Lee and Pam Kramer.

Online sessions every other Saturday through Nov 21

Awaken Your Extraordinary Potential with ITP

Weekend retreat

An immersion in Integral Transformative Practice at the birthplace of the human potential movement, with Pam Kramer and Max Gaenslen.

Dec 4 – 6 · Esalen Institute, Big Sur, CA

ITP Weekly Kata Sessions — free, ongoing

Mondays 8 – 9 am · Mondays 4 – 5:15 pm · Thursdays 4 – 5:15 pm PT

Drop in any week — a great first taste of ITP practice.



Scan for details + registration