

INTEGRAL LEADERSHIP MASTERY PROGRAM

Mastering Life's Transitions

August - November 2026

2026 Schedule

(All sessions are via Zoom with 8 am PT Kata except for Session 1, the in-person retreat)

August	September	October	November
<u>Session 1</u> In-person Retreat Aug 21 7:00 pm start Aug 23 Noon finish University of Redlands, Marin Campus San Anselmo, CA Meet the group Learn what changes are impacting you Master life's transitions Discover a path forward	<u>Session 2</u> Coaching Dojo September 12 9–Noon <u>Session 3</u> Coaching Dojo September 26 9–11:00 am	<u>Session 4</u> Coaching Dojo October 10 9–Noon <u>Session 5</u> Coaching Dojo October 24 9–11:00 am	<u>Session 6</u> Coaching Dojo November 7 9–Noon <u>Session 7</u> Coaching Dojo November 21 9–11:00 am <u>The Great Beyond</u> Continued support in 2027 and beyond

Program includes:

- All times PT. ITP Kata precedes each session at 8:00 am
- Limited to 10 participants
- 2 Individual coaching sessions with a facilitator
- Monthly co-coaching sessions with a practice partner
- Support from cohort and facilitators throughout the program