

# Creating Harmony

Purposeful Action  
from the Inside Out

Online Training

In these times of uncertainty, embodying a harmonious state of being may well be the most revolutionary action you can take.

\$100 General Public | \$90 ITPI Members  
*Space is limited to 25 people for an intimate experience.*

*We want you to join us! Pay what you can.  
Contact **Robert Stewart** to make arrangements.*

Or register online: [www.itp-international.org/creating-harmony](http://www.itp-international.org/creating-harmony)

**Schedule** Wednesdays 9 - 10:15am

**April 1:** Harmony from Within

*Conversation with Charlotte Hatch,  
ITP Mastery and Aikido teacher*

*Resources for embodying  
self-awareness practices*

**May 13:** Harmony in Relationship

*Conversation with Shu Liu,  
Non-Violent Communications trainer*

*Strategies for heart-centered  
communications*

**June 3:** Harmony in Community

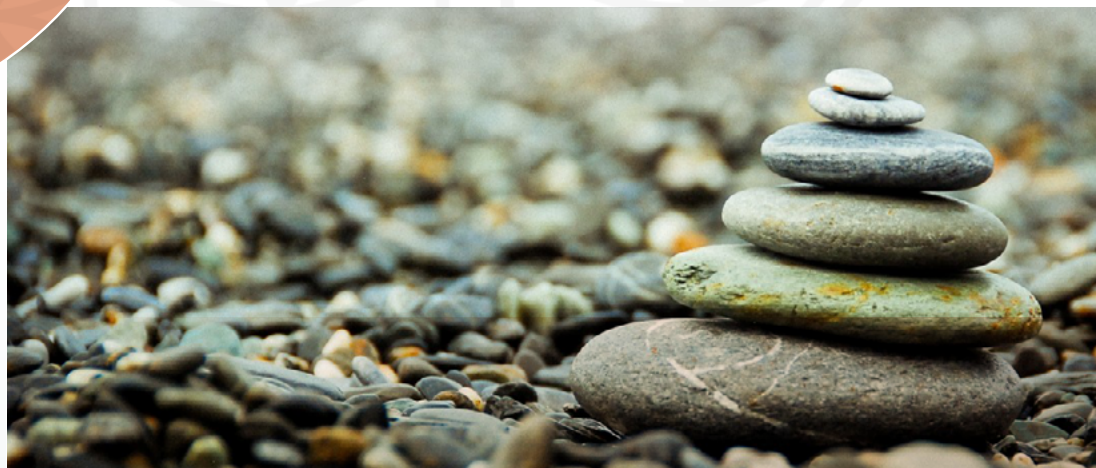
*Conversation with Marcia Beauchamp,  
Democracy Educator*

*Tools for establishing a culture  
of harmony*

**August 5:** Harmony in the World

*Conversation with Sally Mahe,  
Spiritual Director & Cross  
Cultural Consultant*

*Guidance on nurturing understanding  
among diverse groups*



Join us to explore strategies for creating a foundation of peace within ourselves, our relationships and our community. When acting from a place of love, the potential for global transformation is infinite.

***In this program you'll receive:***

- Insights and support from Emanuel Kuntzelman and Integral Transformative Practice (ITP) teachers on cultivating harmony and cooperation in diverse cultural settings
- Strategies and practices for engaging in a new cultural space using insights from Integral Transformative Practice (ITP), Non Violent Communications (NVC) and the martial art of Aikido
- Integral practice tips for continued momentum in social action
- Inspiration from a supportive community of fellow practitioners

**YOUR CREATING HARMONY HOSTS** Click on photos to view bios. If you have questions about the series, contact [Robert Stewart](#).



Emanuel Kuntzelman



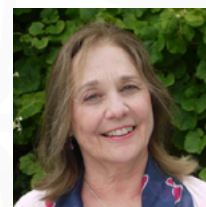
Marcia Beauchamp



Shu Liu



Charlotte Hatch



Sally Mahé