

# The Journey of Practice Online Training

## A SIX-SESSION EXPLORATION OF ITP

\$300 General Public | \$250 ITPI Members

Register now

*"The impact of ITP in my life has been profound.  
ITP offers spiritual seekers embodied wisdom,  
and this is a rare gift."*

*- Dusty Niles, Mastery Member*

Join us on an extraordinary **Journey of Practice** right in your own home and enjoy participating in an ITP community with practitioners from all over the world!

Facilitated by ITP Mastery teachers, this program is designed to offer a rich introduction to the practice and its power to transform your life. During this series, you will create your vision for the future, craft affirmations for lasting change, engage in embodiment practices and cultivate leadership skills from the inside out.

### Key Takeaways:

- Increase your understanding and embodiment of ITP's core practices and establish a strong foundation for your daily practice
- Support and be supported by fellow practitioners on the path to realizing your full potential through ITP
- Apply ITP concepts and practices to your personal and professional life for greater fulfillment, vitality and joy



**Schedule** Sundays from 10am - Noon Pacific Time

**June 24:** Introduction to ITP including initial Visioning exploration

**July 29:** Visioning and intro to Affirmations

**August 26:** Affirmations and intro to daily practice

**September 23:** Practice and intro to Theory and Philosophy

**October 21:** ITP Theory and Kata elements of relaxation and transformational imaging

**November 18:** Integral Leadership and Journey of Practice celebration

Program features six 2-hour, live online video conferencing sessions using the Zoom platform. Sessions will be recorded and made available to participants.

Support materials provided before each session, creating a valuable *ITP Practice Guide*. Participants and teachers will be part of a private Facebook community to deepen connection and your practice.

[Click here for online registration](#)

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