

Mastery Cycle 9 2016-2017

October 22	Open Session - Aikido of Tamalpais
November 19 & 20	Introduction/Visioning - Aikido of Tamalpais
December 10 & 11	Affirmations - Aikido of Tamalpais
January 7 & 8	Kata - Aikido of Tamalpais
February 11 & 12	Theory & Philosophy - Aikido of Tamalpais
March 4 & 5	Leonard Energy Training - Aikido of Tamalpais
April 1 & 2	Staying Current - Aikido of Tamalpais
May 6 & 7	Integral Fitness - Aikido of Tamalpais
June 9 - 11	Mastery Retreat – Esalen Institute, Big Sur
July 8 & 9	Leadership - Aikido of Tamalpais

To reserve your space in the program, complete the application below and pay deposit of \$100:

<https://www.itp-international.org/civicrm/contribute/transact?reset=1&id=27>

You can also send a check with your application to:

ITP International
PO 544
Corte Madera, CA 94976

Contact Robert Stewart with questions: robert@itp-international.org.



ITP MASTERY PROGRAM APPLICATION

(Please fill out completely and print clearly)

Name: _____

Date of birth: _____ Occupation: _____

Address: _____ Home phone: _____

_____ Other phone: _____

Email address: _____

Emergency contact/phone: _____

How did you hear about this program? _____

What ITP literature have you read? _____

Why are you interested in participating in this program? _____

What are your expectations of this program? _____

Are you involved in an ITP group? _____

What is your current physical exercise program? Are you currently involved in any integral practices?

Do you have any challenges that may affect your participation in this program:

