

MASTERY

2010-2011



“Like the human heart, the world points beyond itself to something greater and more beautiful than its present condition.”

- George Leonard and Michael Murphy

INTRODUCTION

The ITP Mastery program was created for those seeking a rich experience of ITP and its power to transform relationships, work and life. It is designed to deeply enhance your personal and professional growth by imparting the core practices and teachings of ITP. The program is also intended to sustain the integrity of the lineage and to develop extraordinary leaders, teachers and practitioners.

VALUE FOR PARTICIPANTS

PERSONAL

- Create your personal vision, intentions and practice plan for the coming year
- Receive support and guidance from ITP trainers and integral experts
- Experience the power of the Mastery community to reinforce your vision, personal development and growth

PROFESSIONAL

- Deepen your practice and develop teaching abilities
- Learn to create, organize and present ITP workshops
- Integrate ITP into your professional life

ITP GROUPS

- Develop your ability to present to your group and other ITP groups
- Bring an enhanced understanding of ITP core practices into your community
- Develop teachers from within your group

INSTRUCTORS

Michael Murphy Annie Styron Leonard

Barry Robbins Pamela Kramer

Charlotte Hatch Max Gaenslen

Guest teachers



PROGRAM OVERVIEW

Mastery is a nine-month program, beginning with an orientation session on November 13, 2010, and concluding with a celebration on July 31, 2011. All sessions will be held at City Aikido in San Francisco on weekend afternoons. The program also includes a weekend retreat at Esalen Institute for an additional cost.

PROGRAM FEE: \$1850

PROGRAM ELEMENTS

- 90 hours of class time
- 1 weekend workshop – \$195 value each (held outside of monthly class times)
- 1-2 hours of coaching per month
- Monthly group conference calls
- Online communication with teachers and program participants

MATERIALS AND LITERATURE

Mastery Binder

Visioning & Affirmation Materials

Core Practice Handouts

The Life We Are Given by George Leonard & Michael Murphy

Tao of Practice DVD by George Leonard

RECOMMENDED READING

(materials offered at reduced prices)

LET Manual

Future of the Body

Mastery



Mastery Calendar

DATES	DAY(S)	TOPIC
Nov 13	Sat	Orientation
Dec 4-5	Sat/Sun	Introduction/Visioning
Jan 8-9	Sat/Sun	Kata
Feb 5	Sat	Integral Theory
Feb 6	Sun	Meditation
March 5-6	Sat/Sun	Affirmations
April 2-3	Sat/Sun	LET
April 30	Sat	Staying Current
May 1	Sun	Staying Current – Part 2
June 3-5	Fri-Sun	Esalen Retreat
July 9-10	Sat/Sun	Leadership
July 30	Sat	Integral Fitness
July 31	Sun	Celebration

All sessions are held in the afternoon at City Aikido in San Francisco.

For additional information, please contact:

Barry Robbins at barry@itp-international.org or (415) 924-4256

Pam Kramer at pam@itp-international.org or (415) 927-0913



ITP Mastery Program Application

(PLEASE FILL OUT COMPLETELY AND PRINT CLEARLY)

Name _____ Gender _____

Date of Birth _____ Occupation _____

Address _____ Home Phone () _____

_____ Work Phone () _____

E-Mail Address _____ Fax # () _____

Emergency Contact & # _____

How did you hear about this program? _____

What ITP literature have you read? _____

Why are you interested in participating in this program? _____

Tell us what your expectations are of this program (including interest in becoming an ITP teacher):

Are you involved in and ITP group? If not, are you interested in a group or participating in ITP trainings?

Tell us about your current physical exercise program and any physical or emotional challenges that may affect your participation in this program: _____

Please return your completed application along with payment to:
ITP International
PO Box 544 - Corte Madera, CA 94976

