

# MASTERY

*Cycle Four*

2011-2012



“Like the human heart, the world points beyond itself to something greater and more beautiful than its present condition.”

- George Leonard and Michael Murphy

# INTRODUCTION

The ITP Mastery program was created for those seeking a rich experience of ITP and its power to transform relationships, work and life. It is designed to deeply enhance your personal and professional growth by imparting the core practices and teachings of ITP. The program is also intended to sustain the integrity of the lineage and to develop extraordinary leaders, teachers and practitioners.

## VALUE FOR PARTICIPANTS

### PERSONAL

- Create your personal vision, intentions and practice plan for the coming year
- Receive support and guidance from ITP trainers and integral experts
- Experience the power of the Mastery community to reinforce your vision, personal development and growth

### PROFESSIONAL

- Deepen your practice and develop teaching abilities
- Learn to create, organize and present ITP workshops
- Integrate ITP into your professional life

### ITP GROUPS

- Develop your ability to present to your group and other ITP groups
- Bring an enhanced understanding of ITP core practices into your community
- Develop teachers from within your group

## INSTRUCTORS

Michael Murphy

Barry Robbins Pamela Kramer

Charlotte Hatch Max Gaenslen

Guest teachers



# PROGRAM OVERVIEW

Mastery is a nine-month program, beginning with an open session on November 5, 2011, and concluding with a celebration on July 29, 2012. All sessions will be held at City Aikido in San Francisco on weekend afternoons. The program also includes a weekend retreat at Esalen Institute for an additional cost.

**PROGRAM FEE: \$1850**

## PROGRAM ELEMENTS

- 90 hours of class time
- 1 weekend workshop – \$195 value each (held outside of monthly class times)
- 1-2 hours of coaching per month
- Monthly group conference calls
- Online communication with teachers and program participants

## MATERIALS AND LITERATURE

Mastery Binder

Visioning & Affirmation Materials

Core Practice Handouts

*The Life We Are Given* by George Leonard & Michael Murphy

*Tao of Practice* DVD by George Leonard

## RECOMMENDED READING

(materials offered at reduced prices)

*LET Manual*

*Future of the Body*

*Mastery*



# Mastery Calendar

<b>DATES</b>	<b>DAY(S)</b>	<b>TOPIC</b>
<b>2011</b>		
Nov 5	Sat	Open Session
Dec 3-4	Sat/Sun	Introduction/Visioning
<b>2012</b>		
Jan 14-15	Sat/Sun	Kata
Feb 4	Sat	Integral Theory
Feb 5	Sun	Meditation
March 3-4	Sat/Sun	Affirmations
March 31	Sat	LET
April 1	Sun	LET
May 5-6	Sat/Sun	Staying Current
June 8-10	Fri-Sun	Esalen Retreat
July 7-8	Sat/Sun	Leadership
July 28	Sat	Integral Fitness
July 29	Sun	Celebration

All sessions are held in the afternoon at City Aikido in San Francisco\*

\*(Unless otherwise specified.)

*For additional information, please contact:*

*Barry Robbins at [barry@itp-international.org](mailto:barry@itp-international.org) or (415) 924-4256*

*Pam Kramer at [pam@itp-international.org](mailto:pam@itp-international.org) or (415) 927-0913*



# ITP Mastery Program Application

(PLEASE FILL OUT COMPLETELY AND PRINT CLEARLY)

Name \_\_\_\_\_ Gender \_\_\_\_\_

Date of Birth \_\_\_\_\_ Occupation \_\_\_\_\_

Address \_\_\_\_\_ Home Phone ( ) \_\_\_\_\_

\_\_\_\_\_ Work Phone ( ) \_\_\_\_\_

E-Mail Address \_\_\_\_\_ Fax # ( ) \_\_\_\_\_

Emergency Contact & # \_\_\_\_\_

How did you hear about this program? \_\_\_\_\_

What ITP literature have you read? \_\_\_\_\_

Why are you interested in participating in this program? \_\_\_\_\_

Tell us what your expectations are of this program (including interest in becoming an ITP teacher):

Are you involved in and ITP group? If not, are you interested in a group or participating in ITP trainings?

Tell us about your current physical exercise program and any physical or emotional challenges that may affect your participation in this program: \_\_\_\_\_

Please return your completed application along with payment to:  
ITP International  
PO Box 544 - Corte Madera, CA 94976

